

# Chapter 11

## Coupled Biomechanical Modeling of the Face, Jaw, Skull, Tongue, and Hyoid Bone

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### 11.1 Introduction

Over the past three decades, modeling and simulation of musculoskeletal systems has greatly enhanced our understanding of the biomechanics and neural control of human and animal movement. Musculoskeletal simulations have been used to analyze human posture, gait, reaching, and other motor tasks (for review, see Delp et al. [1]). Musculoskeletal simulations have been reported across multiple spatial scales; however, macro-scale anatomical models have been most prevalent. Such models represent the human body as a series of rigid skeletal components connected by 1D lumped-parameter springs for muscles and tendons. There is increasing interest in modeling human biomechanics at smaller spatial scales and in particular at the tissue-level scale in 3D. These directions are motivated in part by a desire for more

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11 predictive power in musculoskeletal models, as well as by a desire to simulate more  
12 complex anatomical structures.

13 Tissue-scale muscle models, based on the Finite-Element (FE) method, can  
14 capture details regarding internal tissue strain, the wrapping of muscles around bones  
15 and other structures, and the transmission of force by muscles with internal connec-  
16 tive tissue and broad attachments [2]. The FE modeling paradigm can also be used to  
17 represent highly deformable muscular structures such as the face, lips, tongue, and  
18 vocal tract, where changes in shape of the structures have functional significance. The  
19 face and vocal tract have received less attention by computational biomechanists than  
20 the limbs and whole-body. This is likely due to the additional biomechanical com-  
21 plexity of the head and neck anatomy. However, it is this very complexity that makes  
22 face and vocal tract systems excellent candidates for simulation in order to elucidate  
23 the unique biomechanics of these structures in breathing, feeding, and speaking.

24 Biomechanical face models have a long history. The earliest physically-based face  
25 model was reported by Terzopoulos and Waters [3]. The model was composed of a  
26 linear spring-mass mesh and was used to generate compelling animations of facial  
27 expression for its time. More recent models have used FE methods to improve the  
28 representation of facial tissue and muscle mechanics. Sifakis et al. [4] developed a  
29 detailed FE model and simulated speech movements using a kinematically driven  
30 jaw. Hung et al. [5] have recently developed a FE face model targeted for visual  
31 effects in film. Few previous models have integrated the craniofacial and vocal tract  
32 components into a unified simulation. For this reason, much of our modeling efforts  
33 have targeted the integration of face and vocal tract anatomy in dynamic simulations  
34 [6–11].

35 Tissue-scale simulations of face and vocal tract biomechanics can be applied in a  
36 wide range of domains, including computer animation, medicine, and biology. Much  
37 of the previous face modeling work has come out of the computer graphics com-  
38 munity in an attempt to create realistic simulations of facial appearance for visual  
39 effects in films [3, 4, 12]. Robotic and computer generated faces suffer from the  
40 so-called “uncanny valley” phenomenon [13]. This phenomenon, first postulated by  
41 Mori in the 70s based on his work building humanlike robots, suggests that as artificial  
42 faces become closer to reality they become more eerie and repulsive to a perceiver.  
43 Biomechanics-based face simulations have the potential to surpass the uncanny val-  
44 ley, as the facial movements would theoretically mimic the real physical system  
45 perfectly. Motion-capture techniques for face animation have improved dramatically  
46 for use in computer generated films [14]; however, biomechanics-based face anima-  
47 tions have not yet achieved the same level of realism. Synthesizing face animations  
48 through simulation without an actor remains an attractive research direction with  
49 the potential to reduce the production costs and constraints of motion-capture driven  
50 animation.

51 Biomedical applications of face and vocal tract modeling are also numerous.  
52 Dysfunctions in breathing (e.g. obstructive sleep apnea) and feeding (e.g. dyspha-  
53 gia) are thought to involve combined deficits to both the tissue mechanics and neural  
54 control of patients. Also, maxillofacial surgeries can benefit from tissue-level cranio-  
55 facial simulations [15]. For example, simulations can be used to predict the soft-tissue

56 deformations following surgical alteration of the underlying jaw and skull shape  
57 [16–18]. Similarly, computer-assisted planning of complex maxillofacial reconstructive  
58 surgery has improved outcomes and reduced patient recovery time [19].

59 Basic questions pertaining to orofacial physiology, such as speech production,  
60 can also be investigated with tissue-level simulations. Speech production involves  
61 highly coordinated movements of the lips, jaw, and tongue. While speech move-  
62 ments can be analyzed with experimental measurement techniques such as ultra-  
63 sound, MRI, electromagnetic articulography, electropalatography, and (to a limited  
64 extend) electromyography, the principal anatomical structures of the vocal tract are  
65 all mechanically coupled. Therefore, in order to understand the neural control of  
66 speech articulations, one must account for the role of the intrinsic, coupled mechan-  
67 ics of the articulators.

68 For simulations to impact the above stated applications, two particular considera-  
69 tions must be addressed. First, many biomedical applications require models that are  
70 representative of individual patients. Patient-specific modeling is commonly done to  
71 only match the size, shape, and kinematics of a model to a particular patient. For  
72 tissue-scale models, the tissue properties should also be matched to the particular  
73 patient. Second, face-tissue simulations require integration with the underlying skull  
74 and jaw as well as the vocal tract articulators. This is particularly important for mod-  
75 eling speech production because the interactions between the lips and teeth, tongue  
76 and teeth, and tongue and jaw position are critical issues. Many applications also  
77 require that simulations capture the dynamics of the face and vocal tract structures,  
78 because breathing, mastication, swallowing, and speech production are all dynamic  
79 acts. The effect of tissue dynamics is more pronounced on fast speed movements,  
80 such as speech production, however these effects can also have an impact on slower  
81 speed movements.

82 In order to address these varied modeling requirements and to apply simulations  
83 to scientific and clinical questions, we have been developing a set of biomechanical  
84 modeling tools as well as a 3D dynamic model of the jaw, skull, tongue, and  
85 face. These models were originally developed in the commercial software pack-  
86 age ANSYS ([www.ansys.com](http://www.ansys.com), ANSYS, Inc., Canonsburg, PA) and were more re-  
87 cently re-implemented in the in-house developed software package ArtiSynth ([www.  
88 artisynth.org](http://www.artisynth.org), University of British Columbia, Vancouver, Canada). ArtiSynth pro-  
89 vides us with flexibility to incorporate state-of-the-art algorithms for very efficient  
90 simulations, while ANSYS provides us with a reliable engineering package against  
91 which we can corroborate our ArtiSynth simulation results. In this chapter, we pro-  
92 vide a description of our tissue-scale modeling approach developed in the ArtiSynth  
93 platform. We will focus on aspects of our approach that pertain to the dynamic cou-  
94 pling between the face and vocal tract at the tissue scale. We will also review our  
95 results for muscle-driven simulations of speech movements and facial expressions.

## 96 **11.2 Subject Specific Orofacial Modeling**

97 One of the basic design decisions that we employed in our approach to orofacial  
98 modeling was to create a workflow for generating subject-specific face, jaw tongue,  
99 skull and hyoid bone models. Subject specificity is important for a number of rea-  
100 sons. Validation of orofacial simulations can be made directly with experimental data  
101 from the same subject to which the model is matched. Also, a number of biomed-  
102 ical applications require patient-specific models. Our approach to subject specific  
103 modeling involves adapting a set of reference models to a specific subject based on  
104 medical imaging data and other clinical measurements. Our subject-specific work-  
105 flow involves two main components: morphology and material properties.

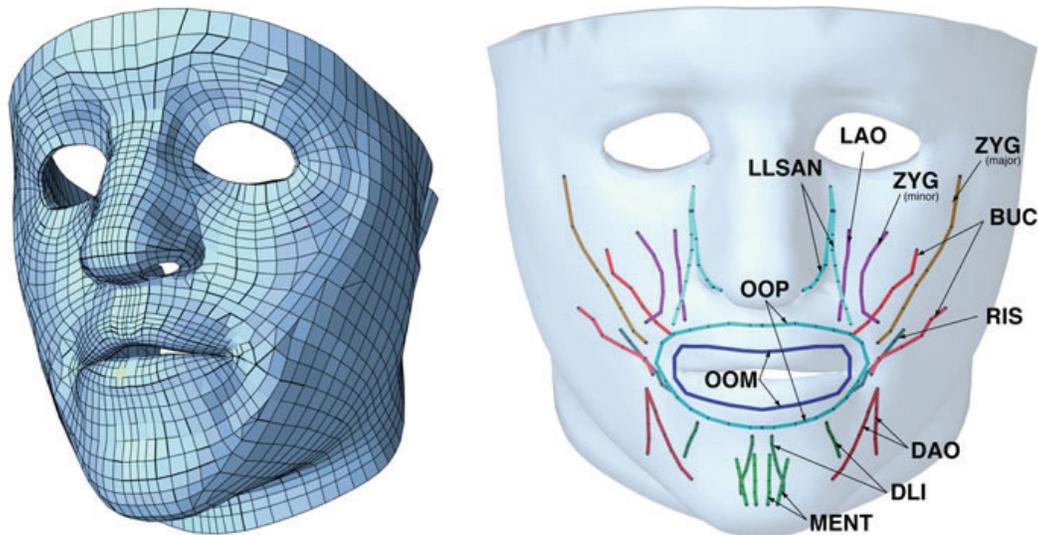
### 106 **11.2.1 Subject Specific Morphology**

107 Subject specific morphology involves creating a model with anatomical size and  
108 proportions matched to a subject. For whole-body musculoskeletal modeling this  
109 typically involves an overall scaling of a generic model to a specific subject [1]. For  
110 our purposes with a face and vocal tract model, we require a more detailed type  
111 of subject-specific morphology, whereby the shapes of individual bones, muscles,  
112 ligaments, and other structures are matched to a subject. This is achieved by adapting  
113 the shape of the model's anatomical structures to medical imaging data of a specific  
114 subject.

115 Our workflow for a heterogeneous model, such as the face-jaw-tongue system,  
116 involves creating reference models for each model sub-component, adapting the  
117 morphology of each sub-component to fit medical imaging data for a single subject  
118 and then dynamically attaching the sub-components. In this section, we discuss the  
119 reference models for the face, skull, jaw, tongue, and hyoid bone as well as the  
120 adaptation process for morphing the reference models into an integrated subject-  
121 specific model.

#### 122 **11.2.1.1 Reference Face Model**

123 The reference face model was manually built from a CT dataset of a male subject and  
124 has been described in detail elsewhere [20]. This FE model is based on a hexahedral  
125 mesh that was carefully constructed to control element quality (such as Jacobian  
126 ratio), midsagittal symmetry, and the density of elements such that more elements  
127 exist in regions of the face that are known to deform to a greater extent (Fig. 11.1).  
128 The mesh includes three layers of elements from superficial to deep. In total, the  
129 model includes 6342 hexahedral elements. In this reference model, all layers use an  
130 isotropic material, however in the revised model we have implemented an anisotropic  
131 passive material in the most superficial layer representing the epidermis and dermis  
132 (as described below in the *Anisotropic in-vivo measurements* section).



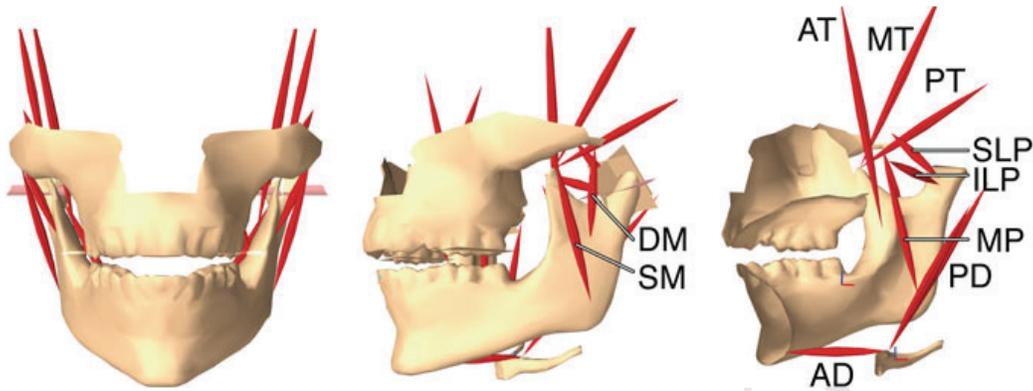
**Fig. 11.1** The reference finite-element face model. Muscles include the levator labii superioris alaeque nasi (LLSAN), levator anguli oris (LAO), zygomaticus (ZYG), buccinator (BUC), risorius (RIS), depressor anguli oris (DAO), depressor labii inferioris (DLI), mentalis (MENT), orbicularis oris peripheralis/marginalis (OOP/M)

133 The muscles of the face are represented in the reference model with line-based  
 134 muscles called “cable-elements” embedded within the model that apply muscle forces  
 135 onto the FE mesh. Importantly, these cable elements include stress-stiffening effects  
 136 of muscle contraction [9, 20]. Our revised face model uses transversely-isotropic  
 137 muscle materials with muscle elements chosen within a volume surrounding the  
 138 original cable elements and fiber directions consistent with the cable directions.

### 139 11.2.1.2 Reference Jaw-Skull-Hyoid Model

140 The reference jaw-skull-hyoid model was developed to simulate muscle-driven  
 141 masticatory movements in ArtiSynth. The model is pictured in Fig. 11.2 and has  
 142 been described in detail elsewhere [21]. It includes rigid-bodies for the skull, jaw,  
 143 and hyoid bone derived from cone-beam CT data. The inertia of the jaw and hyoid  
 144 were computed from the bone shapes, assuming uniform density of 3600 and  
 145 2000 kg/m<sup>3</sup> for the jaw and hyoid respectively. Curvilinear constraint surfaces are  
 146 included to represent the articular surfaces of the temporomandibular joints. Planar  
 147 contact surfaces are used to represent teeth contact.

148 The model includes 30 Hill-type line muscles to represent the main compartments  
 149 of the mandibular muscles. Muscle properties, including maximum cross-sectional  
 150 area and fiber lengths, are based on previous anatomical and modeling studies [22].  
 151 The origin and insertion points for each muscle are specified according to anatomical  
 152 landmarks. The hyoid bone is attached to a fixed larynx with a linear transla-  
 153 tional/rotational spring representing the hyothyroid membrane and ligament.

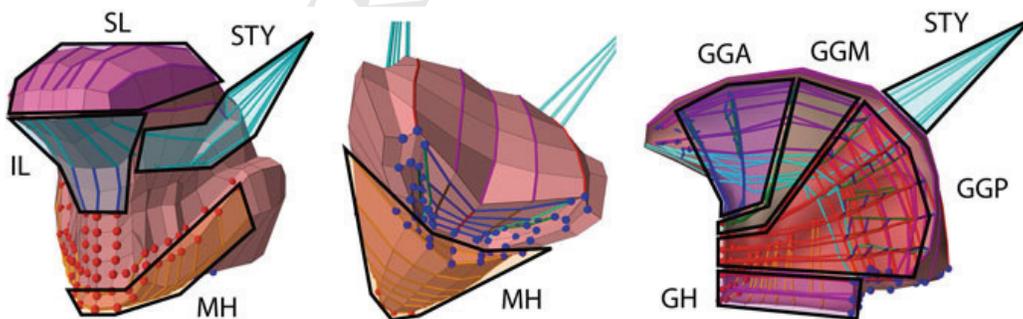


**Fig. 11.2** The subject-specific rigid-body jaw-maxilla-hyoid model. Muscles include the deep/superficial masseter (D/SM), anterior/middle/posterior temporalis (A/M/PT), superior/inferior lateral pterygoid (S/ILP), medial pterygoid (MP) and posterior/anterior belly of the digastric (P/AD). From Ref. [8]. Copyright 2011 by John Wiley & Sons, Ltd. Reproduced with permission

### 11.2.1.3 Reference Tongue Model

The reference FE tongue model was originally developed by Gerard et al. [6] and Buchaillard et al. [7] in ANSYS and subsequently re-implemented by Stavness et al. [8] in ArtiSynth. It is pictured in Fig. 11.3. The shape of the reference tongue model is based on CT and MRI data for a single male subject. The model's FE mesh includes 740 hexahedral elements with a density of  $1040 \text{ kg/m}^3$  for a total tongue mass of 106 g.

The FE mesh was constructed to approximate the shape of the lingual muscles. Therefore, in the reference model, muscle fiber directions are specified along the edges of the FE mesh. Our revised model uses transversely-isotropic muscle materials with fiber directions consistent with the original reference model.



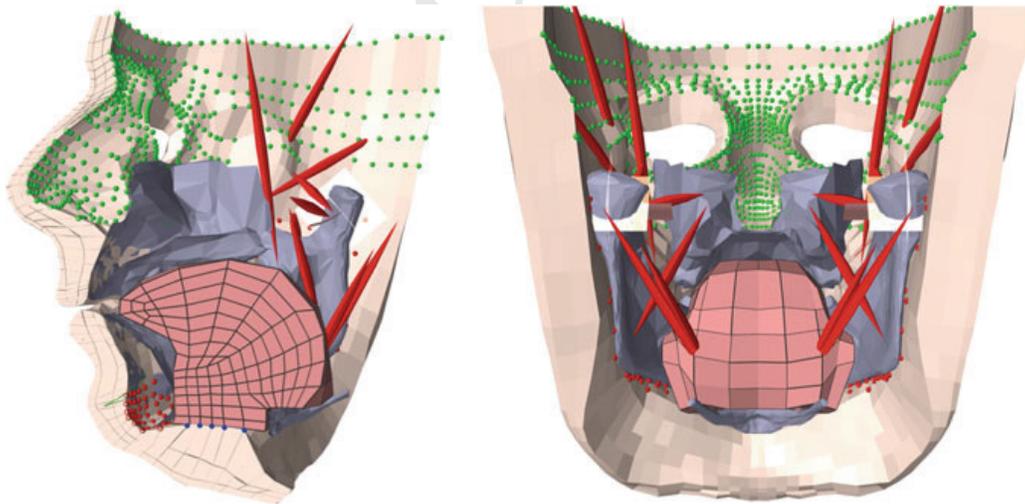
**Fig. 11.3** The subject-specific finite-element tongue model. Muscles include the superior/inferior longitudinal (S/IL), mylohyoid (MH), styloglossus (STY), geniohyoid (GH), anterior/middle/posterior genioglossus (GGA/M/P), as well as the transverse, vertical, and hyoglossus muscles (not shown). From Ref. [8]. Copyright 2011 by John Wiley & Sons, Ltd. Reproduced with permission

#### 165 11.2.1.4 Adaptation to Subject Morphology

166 In order to create a unified model of the face, skull, jaw, tongue, and hyoid bone  
 167 with the morphology of a single subject, we used an adaptation procedure to morph  
 168 the skeletal and muscle geometries of reference models to fit a CT dataset. The 3D  
 169 jaw, skull, and hyoid surface meshes were adapted to a 3D skull surface segmented  
 170 from CT data. Symmetry was attained by mirroring the left-side of the registered  
 171 meshes. The reference face model was adapted based on the boundary conditions  
 172 of the skull surface and the outer air-skin surface segmented from the CT data. The  
 173 reference tongue model was originally constructed based on the CT data and therefore  
 174 adaptation was not required.

175 The adaptation process used a non-elastic mesh-based registration algorithm  
 176 called MMRRep [23, 24], which is automatically driven in order to conform the sur-  
 177 face meshes of two models. Additional control points were used to enforce particular  
 178 correspondences between the models. Importantly, for FE models, the MMRRep al-  
 179 gorithm attempts to maintain element regularity during the adaptation process, and  
 180 thus the adapted FE face mesh maintained sufficient element quality for use in FE  
 181 analysis.

182 The automatic adaptation to CT data achieved satisfactory results for the main  
 183 features of the model (Fig. 11.4). However, the lip region of the model was found not  
 184 to conform well. Discretization artifacts of the CT voxel data caused the lip region  
 185 to become unrealistically flat. Manual node-by-node registration was performed in the  
 186 region of the lip with guidance from the original CT dataset [10]. This fine-tuning  
 187 was important only for detailed simulations of lip protrusion.



**Fig. 11.4** The registered and coupled face-jaw-tongue-hyoid model. From Ref. [10]. Copyright 2013 by American Speech-Language-Hearing Association. Adapted with permission

### 188 11.2.1.5 Face-Jaw-Tongue Attachments

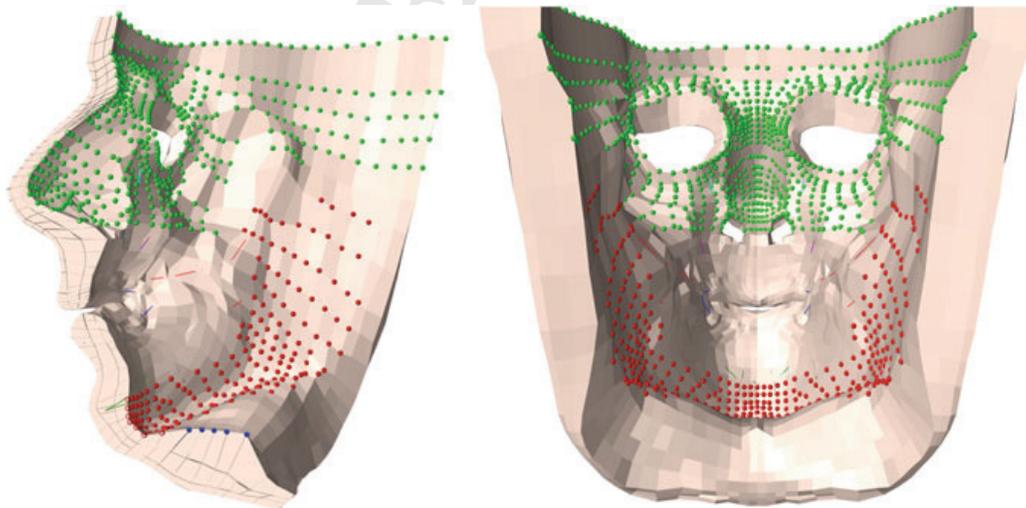
189 The insertion sites of the facial and lingual muscles define the primary attachments  
 190 between the face, jaw, and tongue models. Line-based mandibular muscles couple  
 191 the hyoid bone to the jaw and skull. These include the digastrics, stylohyoid, and  
 192 geniohyoid muscles. The tongue is coupled to the jaw and hyoid bone by node  
 193 attachments and by the end-points of the genioglossus and mylohyoid muscles. These  
 194 attachments are implemented with the nodes of the muscle elements in the FE model.

195 The face muscles are attached to the underlying jaw and skull with node attach-  
 196 ments. In addition, a number of inner-surface nodes of the face are attached to the  
 197 jaw and maxilla to represent the zygomatic and mandibular ligaments. The nodes in  
 198 the region of the lips and cheeks are unattached. Adjacent surfaces of the tongue and  
 199 face models are attached near the region of the floor of the mouth. The attachment  
 200 points are illustrated in Fig. 11.5.

201 Contact between the upper and lower lip, the lips and the teeth, the tongue and jaw,  
 202 and the tongue and hard-palate are also implemented in the model. Unlike attachment  
 203 constraints, which are always coupling the tissues together, contact constraints are  
 204 only active when the meshes of the structures are in contact. Contact handling is  
 205 described below.

### 206 11.2.2 Subject Specific Material Properties

207 In addition to subject specific morphology, material properties are also required for  
 208 a biomechanical model. Subject specific material properties are much more chal-  
 209 lenging to acquire than morphology because experimental techniques for measur-



**Fig. 11.5** Attachment points between the face and underlying bony structures. From Ref. [10].  
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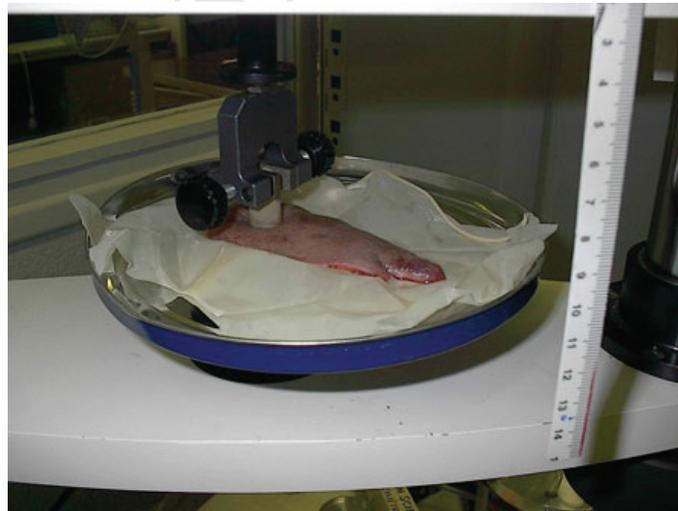
ing tissue mechanics are much less routine than medical imaging for morphology. Our reference models incorporate average material properties from cadaver studies and previously published literature. Recently, we have worked with collaborators to develop new experimental protocols to measure subject-specific material properties in vivo [25, 26]. Our general approach for representing soft-tissue mechanics is to combine a passive matrix for tissue elasticity together with along-fiber muscle mechanics using an uncoupled strain energy formulation [27, 28].

### 11.2.2.1 Isotropic Indentation Measurements

The initial material properties for our FE models were taken from literature data in combination with mechanical testing with fresh cadaveric cheek and tongue tissues [29]. The mechanical testing involved uniaxial indentation tests using an EnduraTEC indentation device (Bose Corporation, Framingham, MA). The experimental setup is pictured in Fig. 11.6. Indentation measurements characterized the relationship between the local force applied to the external surface of the tissue and the resulting displacement. These measurements were used to fit parameters in a isotropic, non-linear, hyperelastic material—a fifth-order Mooney-Rivlin material [30, 31],

$$W = C_{10} (I_1 - 3) + C_{20} (I_1 - 3)^2 + \frac{\kappa}{2} (\ln J)^2,$$

where the  $\kappa/2 (\ln J)^2$  term enforces tissue incompressibility. Other terms in the Mooney-Rivlin material were omitted, i.e.  $c_{01} = c_{11} = c_{02} = 0$ . For the face tissue, material coefficients were found of  $c_{10} = 2500$  Pa,  $c_{20} = 1175$  Pa [20]. For the tongue tissue, material coefficients were found of  $c_{10} = 1037$  Pa,  $c_{20} = 486$  Pa



**Fig. 11.6** Experimental setup for indentation-based mechanical testing of cheek and tongue tissue

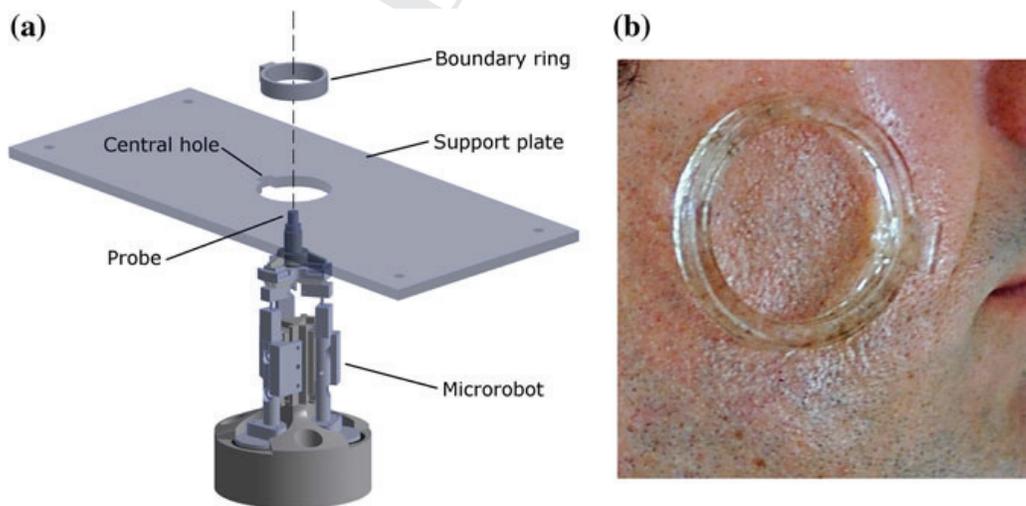
[7]. Both models had a density of  $1040 \text{ kg/m}^3$  and used Rayleigh damping, which is a viscous damping proportional to both tissue stiffness ( $\beta$  coefficient) and tissue mass ( $\alpha$  coefficient). Rayleigh damping coefficients were set to achieve critically damped response for each model ( $\beta = 0.055 \text{ s}$  and  $\alpha = 19 \text{ s}^{-1}$  for the face model, and  $\beta = 0.03 \text{ s}$  and  $\alpha = 40 \text{ s}^{-1}$  for the tongue model).

### 11.2.2.2 Anisotropic In-vivo Measurements

Recently, we have characterized the mechanical behavior of in vivo facial skin using a combined experimental and numerical approach [25]. The facial skin of the central cheek area of five subjects was characterized. Five additional locations on the face were also characterized for one of the subjects. To the best of our knowledge, these are the first reported values of in vivo facial pre-stresses in the literature.

For the experiment, a region of interest on the subject's face was isolated with a boundary ring with inside diameter of 37.5 mm. A micro-robot applied a rich set of deformation cycles at 0.1 Hz to the skin surface via a 4 mm cylindrical probe (Fig. 11.7). The probe was attached using liquid cyanoacrylate adhesive to the surface of the skin. A series of in-plane deformations was applied followed by a series of out-of-plane deformations. The probe position and reaction force were measured and recorded along with a time-stamp for each data point.

For the numerical simulation, an FE simulation of the experiment was used in an optimization framework to find material parameters and pre-stresses that best-fit the model data to the experimental data from each subject and each facial region. The FE model was developed in ANSYS using an Ogden strain energy function to represent the skin and a quasi-linear viscoelastic law [32] to model the dissipative characteristics of skin. During the first load-step of the analysis an orthogonal pre-



**Fig. 11.7** a Robotic probe for in vivo mechanical testing, b boundary ring attached to volunteer's central cheek area. From Ref. [25]. Copyright 2013 by Elsevier. Adapted with permission

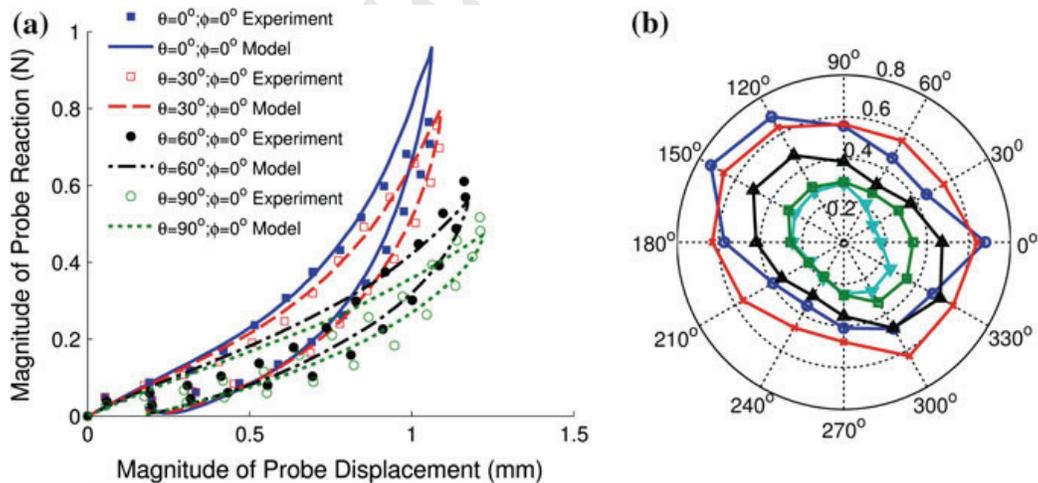
255 stress was applied representing the in vivo tension inherent in human skin. After  
 256 the pre-stress was applied the domain was remeshed such that the diameters of the  
 257 large and small partitions were 37.5 and 4 mm, respectively. For the second step of  
 258 the analysis, all nodes outside the 37.5 mm diameter partition were fixed. The nodes  
 259 inside the probe area were moved according to the protocol in the experiment. The  
 260 total sum of the nodal reaction forces in the probe region was calculated.

261 The measured force-displacement response for all tests was non-linear,  
 262 anisotropic, and viscoelastic (Fig. 11.8). There was a large inter-subject variation  
 263 in the skin stiffness of the central cheek area and also a large intra-subject variation  
 264 in the skin stiffness at different facial locations. The direction in which the force-  
 265 displacement response was stiffest at each location corresponded to the reported  
 266 direction of Relaxed Skin Tension Lines (RSTL) [33] at that location. The one ex-  
 267 ception to this was the forehead region, where the direction of stiffest response was  
 268 orthogonal to the RSTL direction.

269 The finite element model simulated the non-linear, anisotropic, and viscoelastic  
 270 behaviour of the skin observed in the experiments (Fig. 11.8). The error-of-fit between  
 271 the model and experiments ranged from 12 to 23 %. The in vivo stresses ranged from  
 272 15.9 to 89.4 kPa.

### 273 11.2.2.3 Muscle Materials

274 To represent muscle mechanics in the FE face and tongue models we used a  
 275 transverse-isotropic muscle material based on the constitutive equation proposed  
 276 by Blemker et al. [27]. This type of material has stiffness properties in the direc-  
 277 tion along the muscle fiber that differ from properties in the directions orthogonal to



**Fig. 11.8** **a** Comparison of experimental and model force-displacement response of forehead region of one volunteer, **b** force at 1.1 mm displacement in different in-plane directions for all central cheek area of all volunteers. From Ref. [25]. Copyright 2013 by Elsevier. Adapted with permission

278 it. Passive stress along the fiber direction was made to increase exponentially with  
 279 increasing fiber stretch (see Weiss et al. [28], Eq. 7.2, p. 123). Parameters for the  
 280 constitutive model were taken to be consistent with Blemker et al. [27]:  $\lambda^* = 1.4$   
 281 (the along fiber stretch at which collagen fibers are straightened),  $C_3 = 0.05$  (scales  
 282 the exponential stresses) and  $C_4 = 6.6$  (rate of uncrimping of the collagen fibers).  
 283 The maximum active fiber stress was 100 kPa.

## 284 11.3 Coupled Rigid-Body/FE Modeling

285 Simulating orofacial biomechanics is particularly challenging because of the  
 286 mechanical coupling between relatively hard structures (such as the jaw, skull, and  
 287 teeth) and relatively soft structures (the face, tongue, soft-palate, and vocal tract).  
 288 Previous models of the face, jaw, and tongue have largely neglected these coupling  
 289 effects, but we have shown these effects to be significant [8]. In this section, we  
 290 discuss the simulation methods that we have developed in ArtiSynth for coupled  
 291 simulation of our face-jaw-tongue model. The main components of the simulator  
 292 necessary for face and vocal tract simulations are: (1) FE simulation, (2) coupling  
 293 and (3) contact handling.

### 294 11.3.1 Finite-Element Simulation

295 ArtiSynth is an interactive simulation platform that combines multibody models,  
 296 composed of rigid bodies connected by joints, with FE models composed of nodes  
 297 and elements. The physics solver is described in detail in Sect. 11.4 of Lloyd et al.  
 298 [34].

299 The positions, velocities, and forces for all rigid bodies (6 DOF) and FE nodes  
 300 (3 DOF) are described respectively by the composite vectors  $\mathbf{q}$ ,  $\mathbf{u}$ , and  $\mathbf{f}$ . Likewise,  
 301 we have a composite mass matrix  $\mathbf{M}$ . The forces  $\mathbf{f}$  are the sum of external forces  
 302 and internal forces due to damping and elastic deformation. Simulation consists of  
 303 advancing  $\mathbf{q}$  and  $\mathbf{u}$  through a sequence of time steps  $k$  with step size  $h$ . The velocity  
 304 update is determined from Newton's Law, which leads to update rules such as the  
 305 first order Euler step  $\mathbf{M}\mathbf{u}^{k+1} = \mathbf{M}\mathbf{u}^k + h\mathbf{f}^k$ . In addition, we enforce both bilateral  
 306 constraints (such as joints or incompressibility) and unilateral constraints (such as  
 307 contact and joint limits), which respectively lead to constraints on the velocities  
 308 given by  $\mathbf{G}\mathbf{u}^{k+1} = 0$  and  $\mathbf{N}\mathbf{u}^{k+1} \geq 0$ , where  $\mathbf{G}$  and  $\mathbf{N}$  are the (sparse) bilateral and  
 309 unilateral constraint matrices. These constraints are enforced over each time step by  
 310 impulses  $\boldsymbol{\lambda}$  and  $\mathbf{z}$  acting on  $\mathbf{G}^T$  and  $\mathbf{N}^T$ , so that the velocity update becomes

$$311 \quad \mathbf{M}\mathbf{u}^{k+1} = \mathbf{M}\mathbf{u}^k + h\mathbf{f}^k + \mathbf{G}^T\boldsymbol{\lambda} + \mathbf{N}^T\mathbf{z}. \quad (11.1)$$

312 The presence of FE models means that the system is often stiff, requiring the  
 313 use of an implicit integration step where an approximation of  $\mathbf{f}^{k+1}$  is used in place  
 314 of  $\mathbf{f}^k$ . This can be achieved by replacing  $\mathbf{M}$  and  $\mathbf{f}^k$  in (11.1) with  $\hat{\mathbf{M}}$  and  $\hat{\mathbf{f}}^k$ , which  
 315 contain additional terms derived from the force Jacobians  $\partial\mathbf{f}/\partial\mathbf{q}$  and  $\partial\mathbf{f}/\partial\mathbf{u}$  [34].  
 316 Combining all this into a matrix form with the constraint conditions leads to a mixed  
 317 linear complementarity problem (MLCP), which we solve at each time step:

$$318 \quad \begin{pmatrix} \hat{\mathbf{M}} & -\mathbf{G}^T & -\mathbf{N}^T \\ \mathbf{G} & \mathbf{0} & \mathbf{0} \\ \mathbf{N} & \mathbf{0} & \mathbf{0} \end{pmatrix} = \begin{pmatrix} \mathbf{u}^{k+1} \\ \boldsymbol{\lambda} \\ \mathbf{z} \end{pmatrix} + \begin{pmatrix} \mathbf{M}\mathbf{u}^k + h\hat{\mathbf{f}} \\ \mathbf{g} \\ \mathbf{n} \end{pmatrix} = \begin{pmatrix} \mathbf{0} \\ \mathbf{0} \\ \mathbf{w} \end{pmatrix}$$

$$319 \quad 0 \leq \mathbf{z} \perp \mathbf{w} \geq 0. \quad (11.2)$$

321 Here  $\mathbf{g}$  and  $\mathbf{n}$  arise from the time derivatives of  $\mathbf{G}$  and  $\mathbf{N}$ ,  $\mathbf{w} \equiv \mathbf{N}\mathbf{u}^{k+1}$ , and the  
 322 complementarity condition  $0 \leq \mathbf{z} \perp \mathbf{w} \geq 0$  arises from the fact that for unilateral  
 323 constraints,  $\mathbf{z} > 0$  and  $\mathbf{N}\mathbf{u}^{k+1} > 0$  must be mutually exclusive. The system (11.2)  
 324 is also applicable to higher order integrators such as the trapezoidal rule [34], and  
 325 is also used to compute position corrections  $\delta\mathbf{q}$  that remove errors due to constraint  
 326 drift and contact interpenetration.

### 327 11.3.2 Coupling FE Models and Rigid Bodies

328 In models such as our orofacial model, it is necessary to connect FE models to other  
 329 FE models and rigid bodies. In ArtiSynth, connecting FE and rigid-body is done  
 330 using point-based attachments, whereby an FE node is attached either to another FE  
 331 node, an FE element, or a rigid body. In all cases, this results in the state (position and  
 332 velocity) of the attached node becoming an explicit function of the states of several  
 333 other nodes or bodies. If we let  $\beta$  denote the set of all attached nodes, and  $\alpha$  denote all  
 334 unattached (or *master*) nodes and bodies, and denote these sets' respective velocities  
 335 by  $\mathbf{u}_\beta$  and  $\mathbf{u}_\alpha$ , then at any time  $\mathbf{u}_\beta$  can be determined by the velocity constraint

$$336 \quad \mathbf{u}_\beta + \mathbf{G}_{\beta\alpha}\mathbf{u}_\alpha = \mathbf{0}$$

337 where  $\mathbf{G}_{\beta\alpha}$  is time varying and sparse. In other words, attachments can be imple-  
 338 mented as a special kind of bilateral constraint. If we partition system (11.2) into the  
 339 sets  $\beta$  and  $\alpha$ , let  $\mathbf{b} \equiv \mathbf{M}\mathbf{u}^k + h\hat{\mathbf{f}}$ , and ignore unilateral constraints for simplicity, we  
 340 obtain

$$341 \quad \begin{pmatrix} \hat{\mathbf{M}}_{\alpha\alpha} & \hat{\mathbf{M}}_{\alpha\beta} & -\mathbf{G}_{\alpha\alpha}^T & -\mathbf{G}_{\beta\alpha}^T \\ \hat{\mathbf{M}}_{\beta\alpha} & \hat{\mathbf{M}}_{\beta\beta} & -\mathbf{G}_{\alpha\beta}^T & -\mathbf{I} \\ \mathbf{G}_{\alpha\alpha} & \mathbf{G}_{\alpha\beta} & \mathbf{0} & \mathbf{0} \\ \mathbf{G}_{\beta\alpha} & \mathbf{I} & \mathbf{0} & \mathbf{0} \end{pmatrix} \begin{pmatrix} \mathbf{u}_\alpha^{k+1} \\ \mathbf{u}_\beta^{k+1} \\ \boldsymbol{\lambda}_\alpha \\ \boldsymbol{\lambda}_\beta \end{pmatrix} = \begin{pmatrix} \mathbf{b}_\alpha \\ \mathbf{b}_\beta \\ \mathbf{g}_\alpha \\ \mathbf{g}_\beta \end{pmatrix}. \quad (11.3)$$

342 The presence of the identity matrices in this system makes it easy to solve for  
343  $\mathbf{u}_\beta^{k+1}$  and  $\lambda_\beta$  as

$$344 \quad \mathbf{u}_\beta^{k+1} = \mathbf{g}_\beta - \mathbf{G}_{\beta\alpha} \mathbf{u}_\alpha^{k+1},$$

$$345 \quad \lambda_\beta = -\mathbf{b}_\beta + (\hat{\mathbf{M}}_{\beta\alpha} - \hat{\mathbf{M}}_{\beta\beta} \mathbf{G}_{\beta\alpha}) \mathbf{u}_\alpha^{k+1} + \hat{\mathbf{M}}_{\beta\beta} \mathbf{g}_\beta - \mathbf{G}_{\alpha\beta}^T \lambda_\alpha$$

347 and therefore condense (11.3) into a reduced system

$$348 \quad \begin{pmatrix} \hat{\mathbf{M}}' & -\mathbf{G}'^T \\ \mathbf{G}' & 0 \end{pmatrix} \begin{pmatrix} \mathbf{u}_\alpha^{k+1} \\ \lambda_\alpha \end{pmatrix} = \begin{pmatrix} \mathbf{b}' \\ \mathbf{g}'_\alpha \end{pmatrix}.$$

### 349 **11.3.3 Contact Handling**

350 Contact handling is another important feature of our face model, in particular the  
351 ability to handle contact between FE models (e.g. tongue/lips contacts) and other FE  
352 models or rigid bodies (e.g. tongue/teeth contacts). In ArtiSynth, contact involving  
353 FE models is based on interpenetration of the surface nodes. First, the surface meshes  
354 of the respective bodies are intersected to determine which FE surface nodes are in-  
355 terpenetrating. A constraining direction is then determined for each interpenetrating  
356 node, based on the normal of the opposing face closest to that node (see Fig. 11.9).  
357 These directions are then used to form velocity constraints between the interpenetrat-  
358 ing nodes and the opposing faces. These constraints are then added to system (11.2)  
359 for the subsequent time step to prevent the resulting velocity from increasing the  
360 interpenetration, and they are also used to solve for the nodal displacements required  
361 to correct the initial interpenetration.

362 In principle, these nodal constraints should be unilateral constraints. However,  
363 because they are relatively decoupled, it is usually possible to implement them as  
364 temporary bilateral constraints for the duration of the next time step, with the con-  
365 straints being removed after the time step if the computed impulse indicates that the  
366 contact is trying to separate. This significantly improves computation time, since  
367 bilateral constraints in (11.2) are much faster to solve than unilateral constraints.

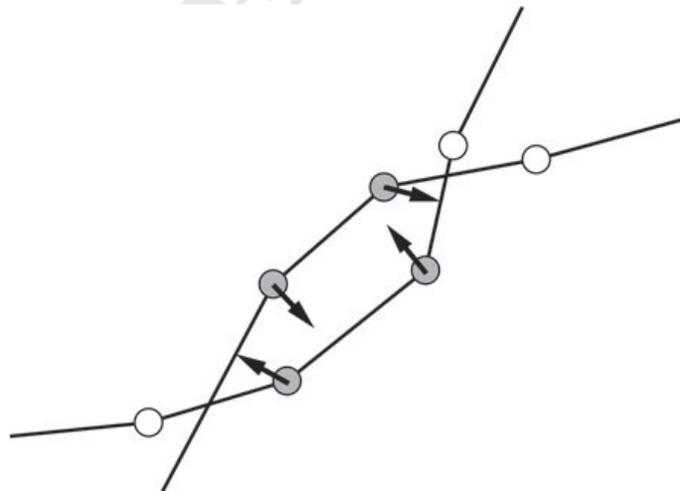
## 368 **11.4 Applications of Biomechanical Face Modeling**

369 Biomechanical face modeling permits a wide range of applications, as discussed in  
370 the introduction to this chapter. Thus far, we have focused our simulation studies  
371 on coupled face-jaw actions. In particular, we have used simulations to analyze the  
372 biomechanics of lip rounding and protrusion, lip closure, and facial expressions.

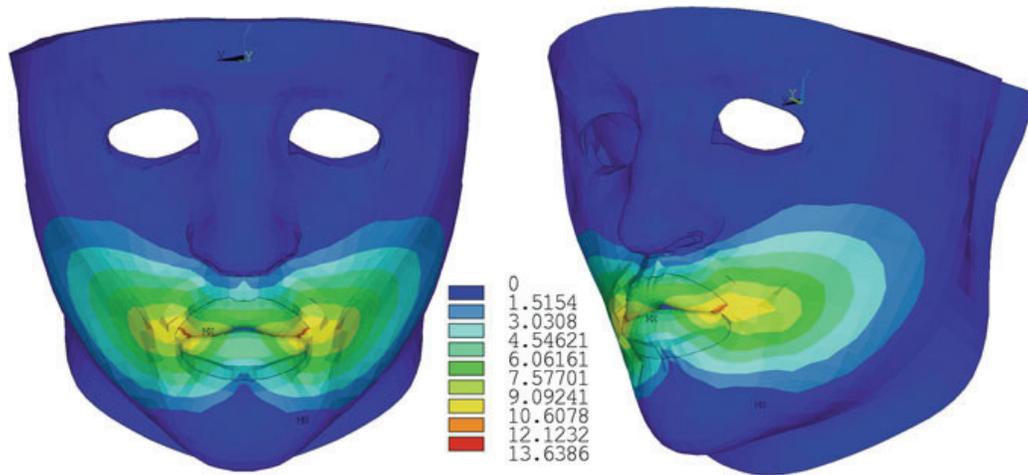
### 373 **11.4.1 Lip Stiffness Enables Protrusion and Rounding**

374 One motivation for our face modeling efforts was to better understand the  
 375 biomechanics underlying speech articulations with the lips. The production of  
 376 rounded vowels in speech, such as /u/, /o/, or /y/ in French, requires a small area  
 377 of opening between the upper and lower lip. Although a small lip opening could be  
 378 generated in a number of different ways, many speakers achieve it by protruding the  
 379 lips. The regularity of this speech articulation across speakers suggests that protrusion  
 380 is an efficient way to achieve small lip opening areas. We were interested in using  
 381 biomechanics simulation to analyze how the intrinsic properties of lip muscles could  
 382 enable small lip aperture through lip protrusion during rounded vowel production  
 383 [9].

384 Stiffness is an intrinsic property of muscle tissue. It increases with muscle  
 385 activation, which is known as the “stress-stiffening” effect. In order to assess the  
 386 role of intrinsic muscle stiffness, we simulated lip-rounding movements with and  
 387 without stress-stiffening effects. Simulations were performed by activating the orbicularis  
 388 oris (OO) muscle in the model and results are shown in Fig. 11.10. Simulations  
 389 showed that a proper protrusion and rounding lip gesture was achieved by including  
 390 stress-stiffening in the OO muscle. A saturation effect was also observed such that for  
 391 a sufficient level of stiffness, lip protrusion and rounding was maintained as the OO  
 392 activation level increased. Likewise, with a sufficient amount of OO activation, the  
 393 lip gesture was maintained as the magnitude of stiffness increased. The differences  
 394 in resulting lip shapes for simulations with and without stiffening were sufficient to  
 395 affect the spectral characteristics of the speech signal obtained for the French vowel  
 396 /u/. This result suggests that a simple strategy to generate protruded and rounded lips  
 397 could be to activate the OO muscle while stiffening the tissues [9].



**Fig. 11.9** Contact handling between two deformable models, shown schematically in 2D, with inter-penetrating nodes shown in grey and the associated constraint directions shown using arrows



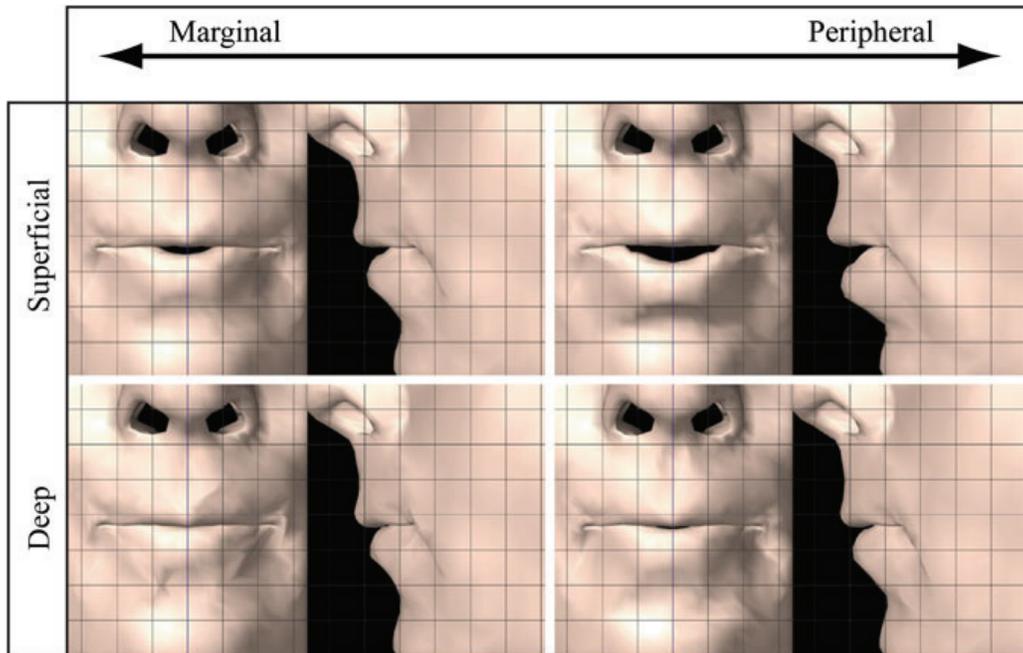
**Fig. 11.10** Stress stiffening of the orbicular oris muscles enables a protrusive rounding gesture of the lips. *Color plot* shows tissue displacement from rest (mm)

#### 398 **11.4.2 Lip Morphology Affects Protrusion and Rounding**

399 Having shown that the stiffness of the OO muscle is an important factor in lip rounding  
 400 and protrusion, we also expected that the morphology of the muscle would be an  
 401 important factor. Face morphology, including face muscle size and structure, is known  
 402 to vary between individuals and across different populations. These differences could  
 403 potentially account for variations in face shapes and speech sounds that are found in  
 404 different languages across the world. We evaluated our hypothesis by simulating lip  
 405 protrusion and rounding with various configurations of the OO muscle [10].

406 The OO muscle was modeled as a continuous loop of muscle elements around the  
 407 lips. We varied the deepness and peripheralness of this ring of muscles, simulated lip  
 408 rounding and protrusion, and observed differences in resulting lip shapes. In general,  
 409 we found that activating the more peripheral region of the OO muscle resulted in  
 410 greater lip protrusion.

411 Simulation results of lip protrusion for different configurations of OO muscle  
 412 geometry are shown in Fig. 11.11 for the same level of activation of the muscle  
 413 elements. General trends in the simulation results showed that more peripheral OO  
 414 implementations were associated with larger protrusion, independent of deepness.  
 415 The degree of deepness seemed to influence the covariation of protrusion and lip area.  
 416 For a deep OO implementation, peripheralness and protrusion were systematically  
 417 associated with larger lip width and lip height, and therefore with larger lip area. For  
 418 a superficial implementation, peripheralness was also associated with larger lip area,  
 419 mainly due to an increase in lip width. Also, a superficial implementation seemed  
 420 to be inappropriate for generating protrusion and rounding and instead facilitated  
 421 lip-closing gestures.



**Fig. 11.11** Regional activation of the orbicularis oris muscle (deep vs. superficial and marginal vs. peripheral) changes the shape of the lips, the degree of opening, and the magnitude of protrusion for the same level of muscle activation. From Ref. [10]. Copyright 2013 by American Speech-Language-Hearing Association. Adapted with permission

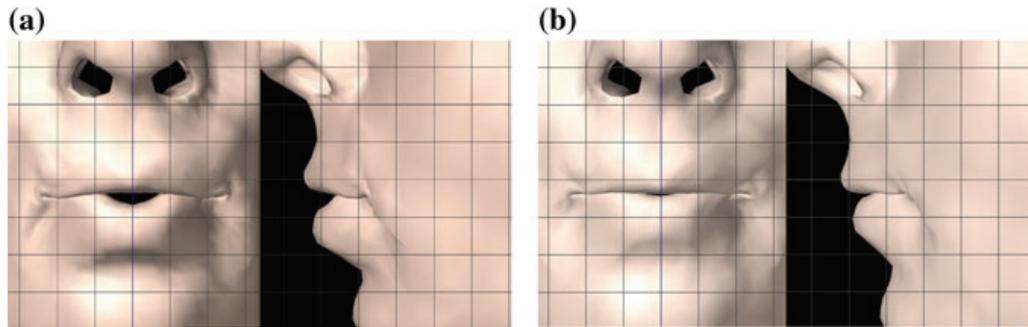
### 422 **11.4.3 Teeth Support Lip Protrusion**

423 In addition to intrinsic properties and morphology of the lip muscles, we also expected  
 424 that mechanical coupling with the underlying rigid structures of the jaw, maxilla and  
 425 teeth are needed to provide the mechanical support necessary for lip protrusion. We  
 426 tested this hypothesis by simulating two conditions: lip protrusion with and without  
 427 teeth support. Such conditions are straight-forward to simulate because contact con-  
 428 straints in the model can be turned off, in which case there is no resistance to the lips  
 429 from interpenetrating the teeth and vice versa.

430 Simulations are shown in Fig. 11.12 and were found to support our hypothesis of  
 431 the importance of skeletal support. The lack of skeletal and teeth support resulted in  
 432 reduced protrusion of the lips and was generally disruptive of the rounding gesture.

### 433 **11.4.4 Jaw Opening and Lip Closure**

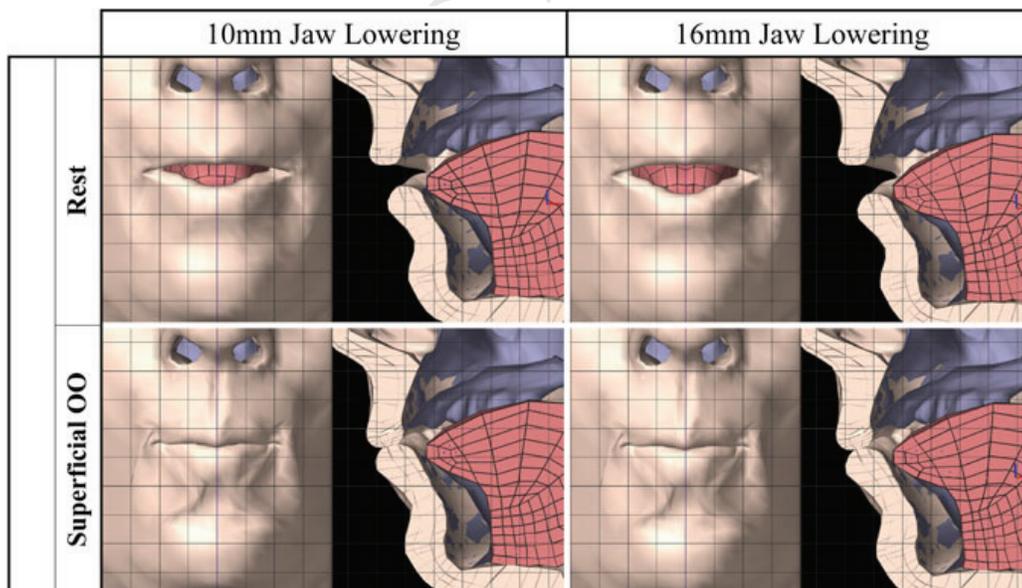
434 We believe that coupling of the jaw and face is a functionally important aspect of  
 435 speech movements. We expected that jaw opening would affect the lips, e.g. by  
 436 reducing the capacity to produce lip closure due to this coupling. Lip closure is  
 437 known to be possible even at low jaw positions during speech movements such as  
 438 bilabial consonants /b/ or /p/ [35]. Through simulation, we wanted to assess which



**Fig. 11.12** **a** Lip protrusion is achieved with skeletal support, **b** lip protrusion is reduced without mechanical support of the underlying bone structures of the jaw, maxilla, and teeth

439 parts of the OO muscle would be activated to best achieve a closure for low jaw  
440 postures [10].

441 Our simulations showed that activating the superficial layer of the OO muscle was  
442 best suited for achieving lip closure for a low jaw posture. The results are plotted  
443 in Fig. 11.13. The additional recruitment of middle, marginal portion achieved a lip  
444 closure with a very low jaw posture. The peripheral OO activation provided the  
445 required closure of the lips by downward movement of the upper lip and upward  
446 movement of the lower lip. Notably, we also observed coupling effects between the  
447 face and jaw: activation of OO to achieve lip closure induced a slight jaw closure.  
448 These simulations demonstrated that lip closure is compatible with variable jaw  
449 heights [10].



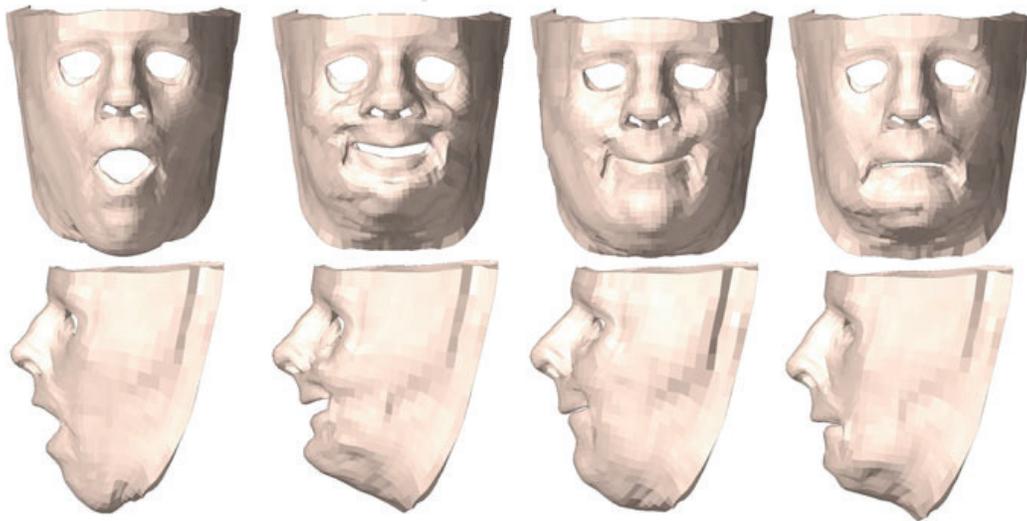
**Fig. 11.13** Lip closure is achieved for an open jaw posture with activation of the superficial region of the orbicularis oris muscle. From Ref. [10]. Copyright 2013 by American Speech-Language-Hearing Association. Adapted with permission

### 450 **11.4.5 Facial Expression Simulations**

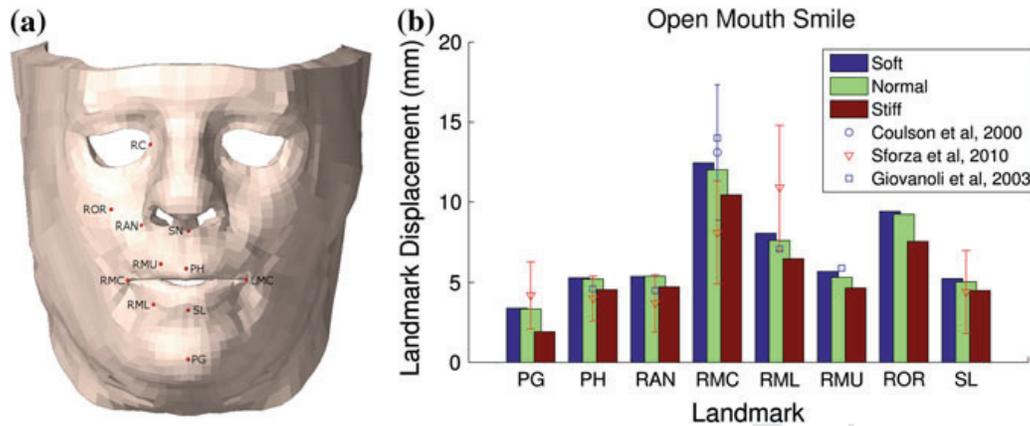
451 We also used our face-jaw-tongue-hyoid model to simulate a series of facial expres-  
 452 sions and compared the displacement of landmarks with experimental measurements  
 453 in the literature [11]. For these simulations, the hypodermis, represented by the inner  
 454 and middle layer of elements in the face model, was simulated using a Mooney-  
 455 Rivlin material. The outer layer of elements representing the epidermis and dermis  
 456 was modeled using an anisotropic material with parameters based on in vivo tests as  
 457 described above.

458 For these simulations, a novel aspect of the face model was the imposition of a  
 459 pre-stress corresponding to the tension inherent in living skin. The inner nodes of the  
 460 facial elements were scaled prior to the finite element analysis. During the first step  
 461 of the analysis, they were displaced back to their reference positions. This resulted  
 462 in a tension field similar to the RSTLs observed by Borges [33].

463 The simulated facial expressions included a closed-mouth smile, an open-mouth  
 464 smile, pursing of the lips, and lips turned downwards (Fig. 11.14). These were  
 465 achieved by activating appropriate sets of orofacial muscles. For all facial expres-  
 466 sions, the mouth corner experienced the largest displacement, which was in agree-  
 467 ment with experimental observations. The simulated landmark displacements were  
 468 within a standard deviation of the measured displacements (Fig. 11.15). For open  
 469 and closed-mouth smiles, increasing the stiffness of the skin layer resulted in smaller  
 470 landmark displacements (Fig. 11.15). Increasing the in vivo skin tension had a vari-  
 471 able effect on landmark displacements.



**Fig. 11.14** Muscle-driven simulations of different facial expressions. From Ref. [11]. Copyright 2013 by Taylor & Francis. Adapted with permission



**Fig. 11.15** a Facial landmarks, b landmark displacements for an open-mouth smile with different skin-types. From Ref. [11]. Copyright 2013 by Taylor & Francis. Adapted with permission

## 472 11.5 Summary

473 In summary, tissue-scale modeling of musculoskeletal systems involves a num-  
 474 ber of engineering challenges and presents a number of high impact applications  
 475 in biomechanics and computer animation. In this chapter we have presented an  
 476 approach to simulating coupled hard and soft tissue biomechanical systems at the tis-  
 477 sue scale through combined finite-element analysis with multi-body dynamics. We  
 478 have demonstrated our approach for simulating face-jaw-tongue movements. Our  
 479 approach is generally applicable to modeling musculoskeletal systems other than the  
 480 head and neck, and we are currently pursuing simulations studies with tissue-scale  
 481 models of the upper extremity [36].

482 Future directions for this work include new computational techniques to improve  
 483 simulation speed as well as additional experimental work to refine the model and  
 484 validate simulations. Measuring muscle activations for facial expressions and lip  
 485 articulations would provide additional information to evaluate our predicted mus-  
 486 cle forces. Further characterization of material parameters specific to the different  
 487 regions of facial skin would improve the model's prediction of tissue strains. We are  
 488 currently extending the model to include food bolus models for simulations of mas-  
 489 tication and swallowing. We are also pursuing simulations to study motor control of  
 490 speech production as well as the design of maxillofacial reconstructions that predict  
 491 post-operative orofacial function in addition to post-operative aesthetics.

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